

Daily Affirmations

Today is a great day and I am perfect, whole and complete
just as I am.

I am here to create the world around me that I choose,
and I allow all others to create their world as they choose it to be.

The Universe is continually evolving and
I am an eternal work in progress.

I pay attention to the way I feel and reach for the thoughts that feel best.

My life works and I deeply appreciate all that I create and receive.

I have the power to change my circumstances.

My immune system is made to heal itself,
and I am thankful for my healing.

I choose my thoughts carefully because I am the creator
of my life experience.

My beliefs create my reality.

I'm so happy and grateful now that

(fill in the blank)

I will attract everything I want and I pay attention to
what's being set in front of me.

I appreciate all the success, money and relationships
that are coming to me right now.

I handle all things that bother me with grace and dignity.

I understand that in the big picture, there really are no setbacks.

I can change my thinking and create a better life.

The Universe always knows the quickest, fastest, most harmonious way
for me to achieve my dreams.

I am determined to be more prosperous.

There is more than enough love, creativity, power, joy, and happiness
to go around.

I decide what I want and believe it's possible for me to have it.

My life is a huge success and the Universe gives me inspired thoughts.

I realize my potential to feel good, and I do not need to ask others to be
different in order to make me feel better.

My life is meant to be abundant in all areas.

I always treat myself the way I want to be treated by others.

I free myself from the need to control the world, my friends,
my mate, and my children.